

# London Road.

## Mental Health Recovery Service

### THE DIFFERENCE LONDON ROAD MAKES

Our **new recovery service** is specifically designed to support people who are currently in hospital to successfully re-establish themselves within the community. It offers accommodation and specialist mental health support within a registered care home setting. Stepping down from hospital can be a daunting prospect so we work in close partnership with local psychiatric hospitals and teams to enable a safe and positive transition for every individual.

London Road can also provide an effective alternative to hospital admission for people who are experiencing acute symptoms of a continuing mental illness in community settings.

### THE TEAM

The team at London Road are all skilled in trauma-informed approaches to support, crisis management and recovery working and understanding specific diagnosed illnesses and conditions such as schizophrenia or emotionally unstable personality disorders. We know that effective therapeutic relationships are key to enabling sustained recovery, we maintain a consistent and empathetic team.

### ONGOING SUPPORT

London Road is one of a cluster of services within our Mental Health Division each offering a different level of support ranging from residential to move-on to independent living. People are encouraged to see London Road as a stepping stone on their recovery journey, a preparation for the next stage in which they may graduate to stepped down support within the same cluster of services.



## THREE GREAT THINGS ABOUT LONDON ROAD

**Getting around** - The home benefits from excellent public transport routes to Bristol and Bath, as well as off-street parking.

**Green space** - The home has a large, enclosed private garden with a patio, trees and shrubs, as well as a sunny conservatory with sofas and chairs - perfect to relax in.

**A great location** - The home is in a quiet and leafy area, yet is close to a number of shops and cafes, with close access to the cycle path and other walking routes. Kingswood High Street is just ten minutes bus or bike ride away.

### AT A GLANCE

**Service type** - Residential

**Location** - Warmley, S Glos

**Number of beds** - 7

**Number of floors** - 2

### GET IN TOUCH

For enquiries about London Road, please email

[referrals@milestonetrust.org.uk](mailto:referrals@milestonetrust.org.uk)

or call **0117 970 9362**.

## OUR VALUES

**We start with the person.** Staff are skilled at supporting recovery and independence.

**We bring people close.** We help people to maintain connections with family and friends.

**We take our creativity to work with us.**

We offer a variety of 'step down' support and accommodation as the next step on each person's recovery journey.

**We are courageous in our approach.** London Road has a skilled management team who have a positive dynamic approach to managing risks, and support workers with specialist mental health training who provide ongoing support.



@milestonetrust